



PERMATA ACT

Code	Halal Status
E904	Halal*
E907	Halal*
E910	Halal*
E912	Halal*
E913	Halal*
E914	Halal*
E915	Halal*
E920	HARAM*
E921	HARAM*
E925	Halal*
E926	Halal*
E927b	Halal*
E938	Halal*
E939	Halal*
E941	Halal*
E942	Halal*
E948	Halal*
E950	Halal*
E951	Halal*
E952	Halal*
E953	Halal*
E954	Halal*
E957	Halal*
E959	Halal*
E965	Halal*
(i)	Halal*
(ii)	Halal*
E966	Halal*
E967	Halal*
E999	Halal*

Code	Halal Status
E1103	Halal*
E1105	HARAM*
E1200	Halal*
E1201	Halal*
E1202	Halal*
E1400	Halal*
E1402	Halal*
E1404	Halal*
E1410	Halal*
E1412	Halal*
E1413	Halal*
E1414	Halal*
E1420	Halal*
E1422	Halal*
E1440	Halal*
E1442	Halal*
E1450	Halal*
E1505	Halal*
E1518	<i>MUSHBOOH*</i>

Source:

- www.worldofislam.org
- *www.muslimtents.com: some of E-code taken from this source is aimed to complete the worldofislam's code. However the degree of *wara* of this source is more permissive than the former.
- ** www.afic.com.au : the AFIC recommend us to avoid these additives because two reasons: medical harmfulness and some came from animals. For further explanation, please visit the web.

WHY NOT TO EAT HARAM FOOD?

He has only forbidden you dead meat and blood and the flesh of swine and that on which any other name has been invoked besides that of Allah but if one is forced by necessity without willful disobedience nor transgressing due limits then is he guiltless. For Allah is Oft-Forgiving Most Merciful. (Surah 2:173)

Say: "I find not in the Message received by me by inspiration any (meat) forbidden to be eaten by one who wishes to eat it unless it be dead meat or blood poured forth or the flesh of swine for it is an abomination or what is impious (meat) on which a name has been invoked other than Allah's." But (even so) if a person is forced by necessity without willful disobedience nor transgressing due limits thy Lord is Oft-Forgiving Most Merciful. (Surah 6:145)

So eat of the sustenance which Allah has provided for you lawful and good; and be grateful for the favors of Allah if it is He whom you serve. (Surah 16:114)

He has only forbidden you dead meat and blood and the flesh of swine and any (food) over which the name of other than Allah has been invoked. But if one is forced by necessity without willful disobedience nor transgressing due limits then Allah is Oft-Forgiving Most Merciful. (Surah 16:115)

Forbidden to you (for food) are: dead meat blood the flesh of swine and that on which has been invoked the name of other than Allah that which has been killed by strangling or by a violent blow or by a headlong fall or by being gored to death; that which has been (partly) eaten by a wild animal; unless you are able to slaughter it (in due form); that which is sacrificed on stone (altars); (forbidden) also is the division (of meat) by raffling with arrows: that is impiety. This day have those who reject faith given up all hope of your religion: yet fear them not but fear Me. This day have I perfected your religion for you completed my favor upon you and have chosen for you Islam as your religion. But if any forced by hunger with no inclination to transgression Allah is indeed Oft-Forgiving Most Merciful. (Surah 5:4)

Eat not of (meats) on which Allah's name has not been pronounced: that would be impiety. But the evil ones ever inspire their friends to contend with you; if you were to obey them you would indeed be pagans. (Surah 6:121)

WHY TO EAT HALAL FOOD?

Taken from: <http://www.worldofislam.info/index.php?page=Special/food>

O you who believe! Make not unlawful the good things, which Allah has made lawful for you, but commit no excess: for Allah loves not those given to excess. (Surah 5:90)

Eat of the things which Allah has provided for you lawful and good: but fear Allah in Whom you believe. (Surah 5:91)

O you people! Eat of what is on earth lawful and good; and do not follow the footsteps of the evil one (Shaytan) for he is to you an avowed enemy. (Surah 2:168)

O you who believe! Eat of the good things that We have provided for you and be grateful to Allah if it is Him you worship. (Surah 2:172)

They ask thee what is lawful to them (as food): say: Lawful unto you are (all) things good and pure: and what you have taught your trained hunting animals (to catch) in the manner directed to you by Allah; eat what they catch for you but pronounce the name of Allah over it: and fear Allah; for Allah is swift in taking account. (Surah 5:5)

So eat of (meats) on which Allah's name has been pronounced if you have faith in His Signs. (Surah 6:118)

Why should you not eat of (meats) on which Allah's name has been pronounced when He has explained to you in detail what is forbidden to you except under compulsion of necessity? But many do mislead (men) by their appetites unchecked by knowledge. Thy Lord knows best those who transgress. (Surah 6:119)

Lawful unto you (for food) are all four-footed animals with the exceptions named: but animals of the chase are forbidden while you are in the Sacred Precincts or in pilgrim garb: for Allah does command according to His Will and Plan. (Surah 5:2)

Halal Dining Places & Butcheries

Turkish Pide House
02 62513325
2 Lawry P1 Jamison

Turkish Pide House_Butchery
02 62813969
Yarralumla Shopping Centre Canberra

Turkish Pizza House
02 62871690
8 Liardet St. Weston

Cakes / Sweets Shop

Halal Specialist
02 62813969
45 Novar St Yarralumla ACT 2600

Turkish Halal Pide House
02 62811991
47, Novar Street, Yarralumla

Jasmine Lounge
02 62821422
83 Theodore St, Curtin

Harem Turkish Restaurant
02 62950386
48 Jardine St. Green Square, Kingston

Mahnaz Turkish Persian Cuisine
02 62419944
3/33 Hibberson St. Gungahlin

Turkish Feast Catering Cuisine
02 62956611
Griffith

Butcheries

Jabal Halal Meats
02 62867333
Shop 9, Mawson P1 Mawson ACT 2607

Supabarn Supermarkets
Supabarn, Bunda Street, Civic
Advisory: Only the chicken provided by Corina

Al-Bait Spice & Butchery
6251 9169
Unit 3B, 1-7 Walder St Belconnen ACT
Close to the Gull Gas Station Belconnen

Yarralumla Halal Meats
Novar Street, Yarralumla

Take Away

Kingsley's Chicken
Canberra Centre, Civic
Woden Plaza, Woden
Tugerranong Hyperdome, Tugerranong

ACT Kapital Kebab
02 62576981
Canberra Centre Food Court Civic

Oporto Chicken & Burgers
Garema Place, Civic
Westfield Shopping Mall, Belconnen
Woden Plaza, Woden
Advisory: Only the burgers are Halal, the chicken is not since marinated with alcohol.

Turkish Kebab and Pizza
1 – 7, Rae Street, Belconnen

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PREFACE

Islam as the religion that spreading prosperity over world is also trying to threat its genuine faith. The Islamic's faith gives guidance for its followers in many aspects of life, including the consumption of foods and beverages. Islam urges the believers to seek and use only the *halal* and good food and beverages. Since the great flourish of Muslim commonly in every side of the earth, the needs for having more update *halal* guide growing as well.

This *Halal* Guide is aimed to facilitate Moslem community, particularly in Canberra to seek for *halal* food, beverages, and restaurant.

Information for this *Halal* Guide is derived from many sources such as World of Islam (www.worldofislam.org) , Australian Federation of Islamic Councils (AFIC) (www.afic.com.au), and Muslim Tents (www.muslimtents.com). Every source uses different methods in determining *halal* or *haram* status of food and beverages. Thus, we urge the users of this guide to read carefully the ingredients table of the food that will be bought and use this guide wisely. In terms of our own believes and consciousness.

Canberra, June 29, 2006
Jumada Akhirah 3, 1427

PERMATA COMPILER TEAM
permata-act@yahoo.com

Code	Halal Status
E519	Halal*
E520	Halal*
E521	Halal*
E522	Halal*
E523	Halal*
E524	Halal*
E525	Halal*
E526	Halal*
E527	Halal*
E528	Halal*
E529	Halal*
E530	Halal*
E535	Halal*
E536	Halal*
E538	Halal*
E540	Halal*
E541	Halal*
E542	HARAM*
E543	Halal*
E544	Halal*
E550	Halal*
E551	Halal*
E552	Halal*
E553a	Halal*
(i)	
(ii)	
E553b	Halal*
E554	Halal*
E555	Halal*
E556	Halal*
E558	Halal*
E559	Halal*
E570	<i>MUSHBOOH*</i>
E572	<i>MUSHBOOH*</i>
E574	Halal*
E575	Halal*

Code	Halal Status
E576	Halal*
E577	Halal*
E578	Halal*
E579	Halal*
E585	Halal*
E620	<i>MUSHBOOH*</i> Should be avoided in Australia**
E621	<i>MUSHBOOH*</i> Should be avoided in Australia**
E622	<i>MUSHBOOH*</i> Should be avoided in Australia**
E623	<i>MUSHBOOH*</i> Should be avoided in Australia**
E624	<i>MUSHBOOH*</i> Should be avoided in Australia**
E625	<i>MUSHBOOH*</i> Should be avoided in Australia**
E626	Halal*
E627	Halal* Should be avoided in Australia**
E628	Halal*
E629	Halal*
E630	Halal*
E631	<i>MUSHBOOH*</i> Should be avoided in Australia**
E632	Halal*
E633	Halal*
E634	HARAM*
E635	HARAM* Should be avoided in Australia**
E636	Halal*
E637	Halal*
E640	<i>MUSHBOOH*</i>
E900	Halal*
E901	Halal*
E902	Halal*
E903	Halal*

WESTON BAKED FOODS
Cheese Bites
Country Grain
Crackerbread
Ryvita Cracked Pepper
Ryvita Original
Ryvita Dark
Ryvita-N.A.S.
Ryvita-Sesame Dark
Ryvita-Sesame White
Sangers Cheese & Onion
Sangers-Cheese
Wheat'n'Bran
Wholewheat & Rye
<u>BISCUITS - SWEET</u>
EMU BOTTOM HOMESTEAD
Anzac Biscuits with Wattle Seed
Anzac Biscuits with Lemon Aspen
FINE FARE
Choc Mint
Dark Wheats
Milk Wheats
WESTON BAKED FOODS
Animal Munchies
Anzac Cookies
Argyle Shortbread
Aussie Macadamia
Black Forest Cherry
Butter Crinkle
Butterscotch Shortbread
Charleston
Choc Chip Cookies
Choc Chip with Ginger
Choc Gaytime Crumbs
Choc Mint Creams
Choc Nut Supreme
Choc Rogues
Choc Wedge
Chocolate Cookies
Chocolate Dainty

Shortbread
Chocolate Marie
Coconut Rough
Colossus
Cool Dudes
Cornflake Cookies
Cream Assorted
Dainty Petticoat Tails
Dark Wheaten
English Toffee
Family Assorted
French Praline
Harvest Time
Highland Oatmeal
Italian Cappuccino
Jam Fancies
Jamaican Ginger
Kimberley
Lattice Shortbread
Lemon Frosties
Lots O Chips
Lotz
Malt
Manhattans
Marie
Milk Coffee
Milk Wheaten
Mini Choc Wheaten
Mini Mint Stick
Mint Cream
Monaco
Morning Coffee
Newport
Nice
Nusery Rymes
Oasis Blackberry
Oasis Raspberry
Oskar
Peanut Brownies
Petticoat Tails
Regal Crumbs
Rich Coconut
Rich Shortbread

Rich Tea
Scotch Fingers
Shredded Wholemeal
Sweet & Cream
Teddy's Playtime
Tilden
Triangles Shortbread
Turkish Delight
Vanilla Crumbs
Vanilla Gaytime
VCR'S
Weston-Choc Chips
Weston-Dark Chocolate Compound
Weston-Milk Chocolate Compound
Winton
Wizard Cookies
Zombies
<u>BLEACHES</u>
All Brands
<u>BREAD</u>
SEE GARLIC BREAD
Organic bread from health food shops, Greek Pita, Turkish Pide, Lebanese bread, and some hot bread shops are acceptable.
ATLANTIC (VIC)
BUTTERCUP
FIELDERS
FIVE STAR BAKERY (SA)
112 Flinders St, Adelaide
43 Adelaide Central Market
Buns
Bread
Bread rolls
Baguettes
Garlic Bread
SUNBLESSSED
TIP TOP

Code	Halal Status
	by-product, in USA it is Halal because it is obtained from un-fermented grapes.
E336	Halal, if it is not obtained from wine by-product, in USA it is Halal because it is obtained from un-fermented grapes.
E337	Halal, if it is not obtained from wine by-product, in USA it is Halal because it is obtained from un-fermented grapes.
Miscellaneous - Phosphoric Acid and its Salts	
E338	Halal
E339	Halal
E340	Halal
E341	Halal if calcium from mineral source
E350	Halal*
E351	Halal*
E352	Halal*
E353	Halal*
E355	Halal*
E356	Halal*
E357	Halal*
E363	Halal*
E380	Halal*
E385	Halal*
Emulsifiers and Stabilizers – Alginates	
E400	Halal
E401	Halal
E402	Halal
E403	Halal
E404	Halal if calcium source is from mineral
E405	Halal

Code	Halal Status
Emulsifiers and Stabilizers - other plant gums	
E406	Halal
E407	Halal
E410	Halal
E412	Halal
E413	Halal.
E414	Halal
E415	Halal
E416	Halal*
E417	Halal*
E418	Halal*
Sugar Alcohols	
E420	Halal
E421	Halal
E422	<i>MUSHBOOH</i> , called Glycerin in USA, Halal if it is from plant fat, HARAM if it is from pork fat
E430	HARAM*
E431	HARAM*
E432	<i>MUSHBOOH*</i>
E433	<i>MUSHBOOH*</i>
E434	<i>MUSHBOOH*</i>
E435	<i>MUSHBOOH*</i>
E436	<i>MUSHBOOH*</i>
Emulsifiers and Stabilizers - Pectin and derivatives	
E440a	Halal
E440b	Halal
E441	HARAM*
E442	Halal*
E444	Halal*
E445	<i>MUSHBOOH*</i>
Miscellaneous	

Parmesan
Mozzarella
Mozzarella Type Cheese
Ricotta
Rindless Cheddar Cheese
BODELLA
CATERS SPECIAL
CONNOISSEUR
Cheese Platter
Chives
Cracked Pepper
Naturally Smoked
Smokey Pepper
Sundried Tomato
DAIRY FARMERS
Cottage Cheese
Chives & Onions
Gherkins
Low Fat Reduced Salt
Pineapple
Plain
DEL RE
Black jack Cheddar
Blackjack Mature Cheddar
Black Jack Monterey High Melt
Black Jack Red Cheddar
Black Jack Vintage Cheddar
Hidden Valley tasty
Hidden Valley Vintage
FERMEX
FLORIDIA CHEESE
Mozzarella
Pecorino
Ricotta
GRAND CHOICE
HABERFIELDS DAIRY
Australian Rindless Swiss
Mild cheddar
Pizza Cheese
Reduced Fat Cheddar
Ricotta

Tasty Cheddar
Tasty Green Waxed
Vintage Cheddar
Vintage Black Waxed
Aussie Swiss
Coloured Cheddar
Emmental
Golden Brie
Gruyere
Mungabareena
Raclette
Suisse Vale
Tilsit
HASTINGS
COOPERATIVE
Red Cheddar
HILLWOOD CHEESES
Fetta Cheese – Cow
Fetta Cheese - Goat
KENILWORTH
All types
KING ISLAND DAIRIES
Cape Wickham Double Brie
Clover Creak Brie
Admiralty Blue
Bass Strait Blue
Crème de la Creame
Endeavour Blue
Lighthouse Blue
Roaring Forties' Blue
Stokes Point
Stormy Washed Rind
Surprise Bay
Surprise bay Black label
Camembert
Cream Pure Crème
Fraiche
Pizza Cheese
South Cape Brie Cheese
Brie Cheese Peppered
LACTOS
Cradle Valley Longlife

Cradle Valley Onion
Cradle Valley Pepper
Cradle Valley Prawn
Cradle Valley Salmon
Cream Cheese
Domaine Deep Blue
Domaine Red Square
Domaine Sunrise
Domaine White Diamond
Flag Pack
Heritage Camembert
Heritage Brie
Heritage True Blue
Lactos Edam
Lactos Gouda
Neufchatel (Plain)
Neufchatel Chocolate
Neufchatel Strawberry
Rindless Swiss
St Claire Swiss
MAINLAND
TABLE CAPE
WEIGHT WATCHERS
Cottage Cheese
With Low Fat Dressing
KRAFT
All cheese except Fromais
NORCO
All Cheese Products
QUEENSCO UNITY
All Cheese products
CHEESE CAKE FILLING
NATIONAL FOODS
Pour N Chill
CHEWING GUMS
WRIGLEY'S
Extra White
CHICKEN-FRESH
Buy from your trusted butcher.
BARTTER
ENTERPRISES
CRYSTAL POULTRY

Code	Halal Status
E227	Halal, if calcium is obtained from mineral or chemicals. <i>MUSHBOOH</i> if it is obtained from bones. Should be avoided in Australia**
E228	Should be avoided in Australia**
E230	Halal, if no alcohol is used as a solvent Should be avoided in Australia**
E231	Halal, if no alcohol is used as a solvent Should be avoided in Australia**
E232	Halal, if no alcohol is used as a solvent
E233	Halal, if no alcohol is used as a solvent Should be avoided in Australia**
E235	Halal* Should be avoided in Australia**
E236	Halal* Should be avoided in Australia**
E237	Halal* Should be avoided in Australia**
E238	Halal* Should be avoided in Australia**
Preservative – other	
E239	Halal Should be avoided in Australia**
E240	Should be avoided in Australia**
E242	Halal*
Preservative	
E249	Halal Should be avoided in Australia**
E250	Halal Should be avoided in Australia**
E251	Halal Should be avoided in Australia**

Code	Halal Status
E252	Halal Should be avoided in Australia**
Miscellaneous – Acids	
E260	Halal Should be avoided in Australia**
E261	Halal Should be avoided in Australia**
E262	Halal Should be avoided in Australia**
E263	Halal
E264	Should be avoided in Australia**
E270	Halal if obtained other than whey. In USA it is always from non dairy source.
Preservative – Acids	
E280	Halal Should be avoided in Australia**
E281	Halal Should be avoided in Australia**
E282	Halal if calcium obtained from mineral, <i>MUSHBOOH</i> if it obtained from bones Should be avoided in Australia**
E283	Halal Should be avoided in Australia**
E284	Halal* Should be avoided in Australia**
E285	Halal* Should be avoided in Australia**
Miscellaneous	
E290	Halal
E296	Halal*
E297	Halal*
Antioxidants- Vitamin C	
E300	Halal
Antioxidants- Vitamin C and derivatives	

Code	Halal Status
E450a,b,c	Halal
E451	<i>MUSHBOOH</i> *
E452	<i>MUSHBOOH</i> *
Emulsifiers and Stabilizers - Cellulose and derivatives	
E460	Halal
E461	Halal
E463	Halal
E464	Halal
E465	Halal
E466	Halal
Emulsifiers and Stabilizers - salts or Esters of Fatty Acids	
E470	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E470a	<i>MUSHBOOH</i> *
E471b	<i>MUSHBOOH</i> *
E471	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E472	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E472a	<i>MUSHBOOH</i> *
E472b	<i>MUSHBOOH</i> *
E472c	<i>MUSHBOOH</i> *
E472d	<i>MUSHBOOH</i> *
E472e	<i>MUSHBOOH</i> *
E472f	<i>MUSHBOOH</i> *
E473	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E474	<i>MUSHBOOH</i> , Halal if it is from

Code	Halal Status
	plant fat, HARAM if it is from pork fat
E475	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E476	<i>MUSHBOOH</i> *
E477	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E478	<i>MUSHBOOH</i> *
E479b	Halal*
E481	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E482	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E483	<i>MUSHBOOH</i> , Halal if it is from plant fat, HARAM if it is from pork fat
E491	<i>MUSHBOOH</i> *
E492	<i>MUSHBOOH</i> *
E493	Halal*
E494	<i>MUSHBOOH</i> *
E495	<i>MUSHBOOH</i> *
E500	Halal*
E501	Halal*
E503	Halal*
E504	Halal*
E507	Halal*
E508	Halal*
E509	Halal*
E510	Halal*
E515	Halal*
E516	Halal*
E517	Halal*
E518	Halal*

Halal Guide[©]

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 Tel +61 2 9232 6731 – Fax + 61 2 9223 8596 – Email: info@halalhelpline.org

<u>AIRLINE CATERING</u>
All airlines are able to supply Halal meals on request throughout Australia and on international flights leaving Australia.
<u>ANIMAL FAT</u>
ALBA INDUSTRIES
Tallow
<u>ASIAN SAUCES</u>
ASIAN FOODS AUSTRALIA
Chilli Garlic Sauce
Curry Laksa Paste
Kimchee No Moto
Malaysian Satay Sauce
Sambal Badjak
Sambal Blachan
Sambal Oelek
Sambal Tumis
<u>BABY BISCUITS</u>
HEINZ
Bilingual Teething Rusks
Kids Cheesymite Breadsticks
Plain Teething Rusks
Vegetable Teething Rusks
Toddler Cheese Breadsticks
<u>BABY CEREALS</u>
BOOTS
Farex Blended infant cereal
Farex biscuits with apple juice
HEINZ

High Protein Cereal
Mixed Cereal
Rice Cereal
<u>BABY CUSTARDS</u>
HEINZ
Banana Custard
Chocolate Custard
Egg Custard
Fruit Custard
<u>BABY FORMULAS</u>
ALL BRANDS
<u>BABY FRUITS</u>
HEINZ
Apples
Apricot & Rice
Fruit Salad
Peach & Apple
Peaches
Pears
Tropical Fruit
<u>BABYGELS</u>
HEINZ
Apple Gel
Apple & Blackcurrant Gel
Cherry Gel
Fruit Salad Gel
Kiwi Fruit Gel
Orange Gel
Rosehip Gel
Tropical Fruit Gel
<u>BABY JUICES</u>
DELROSA
Blackcurrant & Rosehip Juice
Orange & Rosehip Juice
GERBER

Blackcurrant Juice
Grape Juice
Orange Juice
Tropical Fruit Juice
HEINZ
ABC apple & blackcurrant Juice concentrate
Apple Juice
Apple & Blackcurrant Juice
Apple & Rosehip Juice
Orange Juice
Peach & Apple Juice
Pineapple Juice
Tropical Fruit Juice
<u>BABY PAIN KILLERS</u>
ALL BRANDS
<u>BABY VEGETABLES</u>
HEINZ
Mixed Vegetables
<u>BABY YOGHURT DESSERTS</u>
HEINZ
Apple Yoghurt Dessert
Apricot Yoghurt Dessert
Banana Yoghurt Dessert
Fruit Salad Yoghurt Dessert
Orange Yoghurt Dessert
Peach Yoghurt Dessert
Pineapple Yoghurt Dessert
<u>BAKING POWDERS</u>
All Brands
<u>BISCUITS - SAVOURY</u>
Also see CRISPBREADS & RICE CRISPS

Code	Halal Status
E301	Halal
E302	Halal, if the calcium source is from mineral, <i>MUSHBOOH</i> if it is from bones
E304	Halal if saturated fatty acid Palmitic acid is obtained from plant. HARAM if palmitic acid is obtained from pork fat
Antioxidants- Vitamin E	
E306	Halal If Tocopherol is obtained from plant fat. HARAM if Tocopherol is obtained from pork fat
E307	Halal only if it is made with all Halal synthetic material without alcoholic fermentation synthetic method
E308	Halal only if it is made with all Halal synthetic material without alcoholic fermentation synthetic method
E309	Halal only if it is made with all Halal synthetic material without alcoholic fermentation synthetic method
Antioxidants- other	
E310	Halal Should be avoided in Australia**
E311	Halal if obtained from nutgalls or plant secretion Should be avoided in Australia**
E312	Halal if obtained from nutgalls or plant secretion. HARAM if alcohol was used as solvent Should be avoided in Australia**
E315	Halal*
E316	Halal*

Code	Halal Status
E319	Should be avoided in Australia**
E320	Halal if only vegetable oil is used as a carrier. HARAM if the carrier is from pork fat. It is not available as pure 100% chemical. Should be avoided in Australia**
E321	Halal if only vegetable oil is used as a carrier. HARAM if the carrier is from pork fat. It is not available as pure 100% chemical. Should be avoided in Australia**
Emulsifiers and Stabilizers	
E322	Halal if obtained from soy fat or egg yolk in Europe. It is Halal in USA because it is always obtained from soy fat.
Miscellaneous - Salts of Lactic Acid	
E325	Halal if the lactic acid from non dairy source
E326	Halal if the lactic acid from non dairy source
E327	Halal if the lactic acid from non dairy source and calcium from mineral
Miscellaneous – Citric Acid and its Salts	
E330	Halal
E331	Halal
E332	Halal
E333	Halal if calcium source is not from bones
Miscellaneous - Tartaric Acid and its Salts	
E334	Halal, if it is not obtained from wine by-product, in USA it is Halal because it is obtained from un-fermented grapes.
E335	Halal, if it is not obtained from wine

<u>BREADCRUMBS</u>
TIP TOP
<u>BURGERS</u>
UNCLE HARRY'S NATURAL FOODS
Uncle Harry's Natraburger
<u>BUTCHERS</u>
Buy from trusted Halal butchers.
Ask for a list of Halal butchers in your State
<u>BUTTER</u>
ALL BRANDS
Salted
Unsalted
BONLAC
Garlic Butter
GHEE
DEVONDALE
Dairy soft
MURRAY GOULBURN
Dairy Soft
Extra Soft
<u>BUTTERMILK</u>
All BRANDS
<u>CAKES</u>
See PASTRY
FIVE STAR BAKERY (SA)
112 Flinders St, Adelaide
43 Adelaide Central Market
Cakes varied
FUTURE BAKE
Fruit Pecan
Oatmeal Carob Ripple
Roasted Macadamia & Chocolate
Roasted macadamia & Fruit
Tropical Macadamia
Yoghurt Coated Almond & Apricot
REAL TURKISH DELIGHT

1/3-5 Station St, Auburn NSW
Chocolate
Cakes
Turkish Delight
SUPREME CAKE COMPANY
Supreme Captain Cook Cake
Supreme Cherry Sultana Cake
Supreme Rich Fruit Cake
Supreme Sultana Cake
<u>CATERING</u>
See Airline Catering
<u>CEREALS - BREAKFAST</u>
GREENS
All varieties
PRO VITA
Bran
Lecithin Meal
Wheat Hearts
SANITARIUM
Bran Mix
Bran Cereal
Cornflakes
Fruity Bix
Fruity Delight Muesli
Good Start
Granola
Golden Toasted Muesli
Granola
Granose
Honey Weets
Light N Tasty
Lite Bix
Muesli
Puffed Wheat
Ricies
Soy Tasty
San Bran
Unsweetened Muesli
Up and Go

Weet Bix
Weet Bix Hi-Bran
Weet Bix Plus Oat Bran
Weeta Flakes
Wheat Germ
UNCLE TOBYS
Crunchy Oat Bran
Crunchy Oat Bran Plus Oat Bran Flakes
Crunchy Oat Bran With Fruit
Crunchy Oat Flakes
Instant Porridge
Oat Bran
Oats
Oats High Fibre
One Minute Oats
Rice Crispies
Vita Brits
Weeties
Weeties With Fruit & Nuts
NATIONAL FOODS
B-Fast Breakfast Cereal
<u>CEREALS - GRAINS</u>
All Brands
<u>CHEESE</u>
BEGA
Bar-B-Cubes
Extra Tasty
Mild
Tasty
Vintage
19th Century Cheddar
Garlic & Chives
Greenway Cheddar
Holmwood Cheddar
Ryefield
Smoked Cheddar
Springfield Pepper
BONLAC
Cheddar
Cream Cheese
Pecorino

Orange Jelly Freddo W&G
Peanut Brittle
Pearl Compound Buttons
Peppermint Truffle
Polar Milk
Raspberry Cream
Roast Almond Block
Roasted Almond
Roses Hazelnut Caramel
Roses Hazelnut Whirl
Sienna Buttons
Strawberry Cream
Success Buttons
Time Out
Top Deck
Top Deck Block
Top Deck Pieces
Tropical 'Summer Sensation'
Turkish Delight
Twirl
Wheaten Milk
Whirls
White Garnish Flake
Wild Raspberry Jelly Freddo
Yowie
LINDT
Alba Milk Chocolate
Almond Milk Chocolate
Assorted Napolitans
Blancor
Caramel Milk Chocolate
Cherry Milk Chocolate
Chocoletti Milk
Chocoletti Plain
Chocoletti Plain Mint
Cresta Milk Chocolate
Excellence Plain Chocolate
Sporting Blancor
Sporting Milk Surfing Bar
MARS

M & M Milk Chocolate
M & M Peanuts
Maltesers
Mars Bar
Milky Way Caramel
Milky Way Chocolate
Milky Way Strawberry
Snickers
Twix
REAL TURKISH DELIGHT
Hand Made Chocolates
Turkish Delight
RED TULIP
After Dinner Mints
Chocolate Raisins
Coconut Roughs
Fruit Jellies
Fruit & Nut Assortment
Ginger Jelly
Milk Chocolate Sultanas
Peanut Clusters
Peppermint Creams
Scorched Almonds
Scorched Peanuts
Turkish Delight
NESTLE
Aero Bar
Aero Peppermint
Aero White
Peppermint Crisp
S.O.S
Smarties
SWEET WILLIAM
Cane Sugar Free
Original
Rice Crackles
Roasted Almond
WANDER
Ovalteenies
<u>CHOCOLATE - COOKING</u>
CADBURY
Bournville Cooking

Chocolate
Dark Cooking Chocolate
Milk Cooking Chocolate
White Cooking Chocolate
<u>CHOCOLATE - DRINKING</u>
See DRINKS MIXES
<u>CLEANERS - FRYPAN</u>
Hi-Speed Cookware Cleaner
<u>CLEANERS - OVEN</u>
Down To Earth Oven Cleaner
Hi-Speed Cookware Cleaner
Hi-Speed Non-Caustic Oven Cleaner
Hi-Speed Oven Cleaner
Mr Muscle Oven Cleaner
Oven Brite
<u>CLEANERS - SILVER</u>
GODDARDS
All Products
<u>CLEANERS - SURFACE</u>
AJAX All Products
Bon Ami
Ezi-Clean
Handy Andy Pink
Handy Andy White
Herbon Multi-Surface Spray Cleaner
Jex Without Soap
Jif
Mr Muscle All Purposes
Mr Sheen
Pure Multi-Surface Cleaner
Vim
<u>COCOA</u>
CADBURY
Bournville Cocoa
<u>COCONUT - DESSICATED</u>

Code	Halal Status
	if water or vegetable oil was used as a solvent
E142	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal. Should be avoided in Australia**
E150(a-d)	Halal
E151	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal. Should be avoided in Australia**
E153	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal. Should be avoided in Australia**
E154	Halal*
E155	Halal* Should be avoided in Australia**
Color – Carotene	
E160a	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal. Should be avoided in Australia**
E160b	Halal Should be avoided in Australia**
E160c	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal. Should be avoided in Australia**
E160d	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal. Should be avoided in Australia**
E160e	Halal if used as 100% dry powder or granular or Halal if vegetable oil is used as a solvent in liquid form as a hidden ingredient. HARAM if

Code	Halal Status
	pork gelatin is used as hidden ingredient or carrier. Should be avoided in Australia**
E160f	Halal if used as 100% dry powder or granular or Halal if vegetable oil is used as a solvent in liquid form as a hidden ingredient. HARAM if pork gelatin is used as hidden ingredient or carrier. Should be avoided in Australia**
Color	
E161a	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal
E161b	Halal if used as 100% dry powder or granular. HARAM if pork gelatin or pork glycerin is added in dry or liquid form
E161c	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal
E161d	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal
E161e	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal
E161f	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal
E161g	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal. Should be avoided in Australia**
E162	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal

Ecol Products
Els Cosmetics
Elsha Lander Products
Emeis
Evanol Hair Dyes
Ever Bilena Cosmetics
Everyday Rainwater Soft Shampoos & Conditioners
Evoke
Euky
Bearub
Floris Of London Toiletries
Fragrant Delights
Geisha Cosmetics
Genetix
Goanna Salve Ointment
Golden Wattle
Grace Cosmetics
Greenridge Botanicals
Healthiways Holdings (Nz)
Helen Helms Natural Skin Care
Herbon Products
Hoffels
Hytonsa
Iguana Rubbing Lotion
In Essence Products
KMS Professional Haircare Products
L'arome
Le Crystal Natural Deodorant
Luminance
Meltone Products
Montagne Jeunesse
Monastique Products
Moritz (Nature's Sunshine)
Mudgee Honey Co
Natalie
Natural Oil Workers Co- Op
Naturals
Nature's Earth Massager

& Essential Oils
Nature's Fruit
Nature's Herbe
Nutrimetics
Nature Spirit
Om Products
Organics
Passion Incense
Paul Penders Cosmetics
Pricilla Clarke Natural Skin Care
Puren
Rainbow Herbe & Flower Remedies
Rambildeene Farm
Recherche Farm (Old Only)
Red Earth
Rivendell Farm
Rose Of Lillies
Rosewood Oils & Lotions
Sandy's Natural Herbal Products
Sancium Pure Body Products
Sharyss Products
Sensual Delights Products
Shahnaz- Herbal
Soma Sani
Sonning Wildflower Beeswax Cream
Spiritual Sky/Bare Nature
Sun Art Aromatic Oils
Sunspirit
Swami Sarasvati
Tao Aromassage Oils
Tasmanian Soap & Toiletries
The Body Shop
The Clay Company
The First Aust. Organic Oil
The Oil Garden
Thursday Plantation

Products
Tiki Products
Tinderbox Products
T L'arbe
TLC
Toms
Tri-Natural
Tri-Nature
Tru-Alo
Trully Natural
Wattle Creek Herbal Products
Weleda
West Stuff Lubricant
Wildcraft
<u>CREAM-FROZEN</u>
BONLAC
BURRA
<u>CREAM - PLAIN</u>
DAIRY FARMERS
Plain Cream
HABERFIELDS
Pure Cream
Rich Cream
Sour Cream
MURRAY GOULBURN
Double Cream
NESTLE
Plain Cream
Reduced Cream
PETERS
Plain Cream
UNITED DAIRIES
Cream Plain
Plain Thickened Cream
Thick Cream
<u>CREAMS - SOUR</u>
DAIRY FARMERS
Sour Cream
Sour Lite Cream
HABERFIELDS DAIRY
Sour Cream
JALNA

Honey Yoghurt
Natural Non Fat Yoghurt
Premium Brand Creamy Yoghurt
Vanilla Yoghurt
PETERS FARM
Natural Honey Yoghurt

Vanilla Yoghurt
WEIGHT WATCHERS
Natural Yoghurt
<u>YOGHURTS FROZEN</u>
CAPE BYRON
SUPREME
RICHMOND

Code	Halal Status
E163	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal
Color - Inorganic	
E170	Halal if obtained from rock mineral and used as 100% dry powder or granular. <i>MUSHBOOH</i> if used as liquid, solvent has to be Halal Should be avoided in Australia**
E171	Halal
E172	Halal
E173	Halal
E174	Halal
E175	Halal
E180	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal
Preservative	
E200	Halal Should be avoided in Australia**
E201	Halal Should be avoided in Australia**
E202	Halal Should be avoided in Australia**
E203	Halal Should be avoided in Australia**
E210	Halal Should be avoided in Australia**
E211	Halal Should be avoided in Australia**
E212	Halal Should be avoided in Australia**
E213	Halal, if calcium obtained from mineral, <i>MUSHBOOH</i> if it is obtained from bones. Should be avoided in Australia**

Code	Halal Status
E214	Halal, if used as 100% dry powder or granular. HARAM if alcohol is used as a solvent Should be avoided in Australia**
E215	Halal, if used as 100% dry powder or granular. HARAM if alcohol is used as a solvent Should be avoided in Australia**
E216	Halal, if used as 100% dry powder or granular. HARAM if alcohol is used as a solvent Should be avoided in Australia**
E217	Halal, if used as 100% dry powder or granular. HARAM if alcohol is used as a solvent Should be avoided in Australia**
E218	Halal, if used as 100% dry powder or granular. HARAM if alcohol is used as a solvent Should be avoided in Australia**
E219	Halal, if used as 100% dry powder or granular. HARAM if alcohol is used as a solvent Should be avoided in Australia**
E220	Halal Should be avoided in Australia**
E221	Halal Should be avoided in Australia**
E222	Halal Should be avoided in Australia**
E223	Halal Should be avoided in Australia**
E224	Halal Should be avoided in Australia**
E225	Should be avoided in Australia**
E226	Halal Should be avoided in Australia**

NERANG POULTRY
CHICKEN-FROZEN
See CHICKEN-FRESH
CHICKEN-PREPARED
Buy from your trusted butcher.
CHIPS-POTATO
See crisps - potato
CHOCOLATE CONFECTIONS
BALLANTYNE FOODS
Almond Medley
Berry Burst
Berry delight
Cha Chas
Cherry Sticks
Classic Milk
Coffee Beans
Dark Chocolate
Entertainmint
Giner Exotics
Ginger Au Gogo
Hang Sell
Hazelnut Delight
Latte Sticks
Macadamia Escape
Malted Milk Ball
Milk Chocolate
Mint Sticks
Orange Grove
Orange Sticks
Party Pack
Peppermint Mist
CADBURY
After Dinner Mints
Bittersweet
Black Forest Block
Brazil Nut Block
Breakaway
Butter Scotch
Cad Chalet Fujiya
Cadbury Choc Gummies
Cadbury Cocoa

Cadbury Flake Gift Box
Cadbury Gold Liquid
Cadbury Heritage Millennium Block
Caramello - Village
Caramello Koala
Caramello Roll
Cashew Block
CDM - Village
CDM 'Pictorial'
CDM "AFL" Multipack
CDM AFL Block 'Best of the Best'
CDM AFL Multipack 'Best of the Best'
CDM Christmas Story Block
CDM Chunky
CDM Egg Milk Liquid
CDM Foot Block
CDM Freddo Frog
CDM Freddo W&G
CDM Garnish Flake
CDM New Graphics
CDM Refiner Powder
Chalet - Crunch
Chalet - Crunchie WA
Chalet - Crunchie WA
Chalet - Freddo WA
Chalet - Tempo
Chalet - Tempo WA
Chalet - Wedge WA
Chalet Gold
Chalet Jazz Pail WA
Chalet Tempo - Claremont
Cocoa Mass
Continental Buttons
Cooking Dark Chocolate
Country Mint
Crumb
Crunchie
Dairy Milk
Dairy Milk Block

Dairy Milk Foot
Dairy Milk S'pack
Dark Garnish Flake
Delight Chips
Eclipse Buttons
EE Tablets
Energy
Energy Max Gem
English Fudge
Ferry Friends
Flake Bar
Flake Pieces - Bulk
Flake Sharepack Bag
French Nougat
Fruit & Nut
Fruit & Nut Block
Fruit & Nut Village
Giant Basket
Half Flake
Happy Easter Casket
Hazelnut Block
Hazelnut Caramello
Heart Casket
Honey Comb Crisp
Jelly Freddo Mixed Berry
Jelly Orange Freddo
Marble
Mega Yowie Rumble
Milk Choc Buttons
Milk Chocolate Egg
Milk Cooking Chocolate
Milk Garfield
Milky Top Freddo
Milky White Block
Milky White Buttons
Milky White Freddo
Miniatures
Mixed Berry Freddo W&G
Mt Hazelnut Whirls
Old Gold Buttons
Old Gold Chips
Old Gold Drops
Old Gold Roast Almond

E-CODE(food color, preservatives, miscellaneous, thickeners, salts and related compounds, flavor enhancers, and flavor enhancers)

Code	Halal Status
Color	
E100	Halal if pure grind turmeric powder or granular. <i>MUSHBOOH</i> if used as liquid, the solvents has to be Halal. HARAM if hidden ingredient is pork fat based emulsifier in dry mix.
E101	<i>MUSHBOOH</i> (HARAM if from pork liver & Kidney, Halal if 100% plant material Should be avoided in Australia**
E102	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal Should be avoided in Australia**
E104	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent other than water has to be Halal Should be avoided in Australia**
E106	<i>MUSHBOOH</i> *
E107	Should be avoided in Australia**
E110	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal Should be avoided in Australia**
E120	HARAM according to Hanafi Muzhab Should be avoided in Australia**
E122	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid

Code	Halal Status
	color, the solvent has to be Halal Should be avoided in Australia**
E123	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal Should be avoided in Australia**
E124	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal Should be avoided in Australia**
E127	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal Should be avoided in Australia**
E128	Halal* Should be avoided in Australia**
E129	Halal* Should be avoided in Australia**
E131	Halal if used as 100% dry color. <i>MUSHBOOH</i> if used as liquid color, the solvent has to be Halal Should be avoided in Australia**
E132	Halal if use as is as a 100% synthetic color but if pork glycerin is added as a solvent then it is HARAM Should be avoided in Australia**
E133	Halal* Should be avoided in Australia**
E140	Halal if use 100% powder or Halal if water or vegetable oil was used as a solvent
E141	Halal if use 100% powder or Halal

All Brands
<u>COFFEE SUBSTITUTES</u>
ALTERNATIVES
Alto
CARO
All Varieties
HEALTH FOODS SUPPLIERS
Perform
Taxico
SANITARIUM
Caffex
TAXICO
Dandelion
<u>COFFEE WHITENERS</u>
Nestle
Coffeemate
<u>COFFEES</u>
All Brands
<u>COLOURINGS - FOOD</u>
AEROPLANE
Blue
Egg yellow
Green
Orange
Red
Rose Pink
Violet
CURRY MASTERS
Chinese Red
Green
Saffron
Tandoori
<u>CONFECTIONER</u>
CANDY LANE
Barley Sugar
Grannies Original Buttered Candy
Oldtime Butterscotch
BOUBLE D
Eucalyptus
Eucalyptus & Honey
SNOW

CONFECTIONERY
Chocolate Eclairs
Coffee Eclairs
Grannies Butterscotch
Grannies Original Buttered Candy
Hazelnut Eclairs
Licorice Eclairs
Peppermint Eclairs
<u>CONSERVES</u>
BUDERIM
Ginger Marmalades
CADBURY
Roses Marmalade
COTTEES
All Conserves
COUNTRY HARVEST
Fruit Spreads
FARMLAND
All Conserves
MONBULK
All Conserves
QUALITY FOODS
Fruit Spreads
WEIGHT WATCHERS
Low Joules
Jams/Marmalades
YATES
Apricot Jam
Blackberry Jam
Plum Jam
Raspberry Jam
Strawberry Jam
Orange Marmalade
<u>CORN CHIPS</u>
ROSITAS
All products
<u>COSMETICS</u>
Products from the following companies are acceptable:
A Fragrant Affair
Ahimsa

Anastasia
Aloe Vital
Andre Duvani
Aquarius
Auroma
Australian Melaluca
Australian Wildflower
Incense & Perfumes
Avory Shlain
Barry M
Beauty Without Cruelty Cosmetics
Big Bubble
Biokosma
Blackmores
Body Essentials By Natalie
Body Shop Range
Bosistos Eucalyptus Crest Rub
Bosistos Parrot Brad Eucalyptus Oil
Brigs Herbal Cream
Brot Bodyline
Caring
Cenovis Skin Care Range
Classics
Clover Fields
Comvita
Completely Natural Cosmetics
Creightons
Cruacel Natural Cosmetics
Dallyence Cosmetics
De Lorenzo Natural Hair Cosmetics
Desert Essence
Dial
Dragon Wisdom
Dr Bronner's Catile Liquid & Bar Soap
Dr Hauschka Skin Products

Smoked Salmon
Sour Cream & Chives
Sundried Tomato
Taramasalata
Tzatziki
LUNCH N GO
French Onion with Grissini
Hommus with Pita Bread
Slims capsicum with Grissini
Tzatziki with Pita Bread
Zesty Eggplant with Pita Bread
SLIMS
Chargrilled Capsicum
Chive & Garlic
Corn Relish
Spring Onion
<u>DISINFECTANTS</u>
All Brands
<u>DRINK MIXES</u>
BRISTOL-MYERS
Sustagen Gold
CADBURY
Bournville Cocoa
Drinking Chocolate
COTTEES
Quench Lemon
Saline Lemon
Tang Orange
HORLICKS
Malted Food Drink
KIWI BRANDS
Akta-Vite
MEAD JOHNSON
Sustagen Sport Chocolate
Sustagen Sport Vanilla
SUNRIPE
Drink Crystals
SUPERIOR
Cocoa
WANDER
Chocolate Time Extra

Ovaltine
<u>DRINKS - CARBONATED</u>
All brands of carbonated plain and flavoured drinks including Grape Juices are acceptable. Drinks described as alcohol free do contain small amounts of alcohol and therefore unacceptable.
<u>DRINKS - CORDIALS</u>
All flavours from all brands
<u>DRINKS - SOFT</u>
See Drinks - Carbonated
<u>DRINKS - SOY</u>
BERRI
Soypreme Natural
Soypreme Vanilla
JALNA
All Flavours
SANITARIUM
So Good
So Good Chocolate
So Good Essential
So Good Fat Free
So Good Honeycomb
So Good Lite
So Good Plus
So Good Soyaccino
So Good Strawberry
So Good Vanilla
So Good Smoothie Banana
So good Smoothie Mango
SUNGOLD
Soy Drink
<u>DRINKS - SYRUP</u>
CASCADE
Blackcurrant Syrup
Low Joule Blackcurrant
DELROSA
Blackcurrant & Rosehip Syrup With Sugar

Orange & Rosehip Syrup With Sugar
DONCASTER
Blackcurrant Syrup
Loganberry Syrup
Morello Cherry Syrup
Raspberry Syrup
RIBENA
Blackcurrant Syrup
<u>EGGS - FRESH</u>
All Brands
<u>EGGS - FROZEN</u>
GOLDEN EGG FARMS
<u>EGGS - PULP</u>
GOLDEN EGG FARMS
<u>ENERGY BARS</u>
FUTURE BAKE
Almond & Apricot
Almond & Nut Cocktail
Assorted Nut Bars
Date & Walnut Delight
Macadamia & Apricot
Sesame & Pepita
Yoghurt Coated Almond & Apricot
Yoghurt Coated Fruit & Pecan
<u>ENERGY BITES</u>
FUTURE BAKE
Almond & Apricot Yoghurt
Aussie Delight
Fruit & Nut Combo
<u>ESSENCES</u>
AEROPLANE
Almond
Banana
Caramel
Chocolate
Coconut
Deluxe Imitation Vanilla
Imitation Vanilla
Lemon
Orange

Natureland
Twinings
<u>TOMATO PRODUCTS</u>
See VEGETABLES - TINNED
ARDMONA
Peeled Tomatoes
Tomato Magic
Tomato Magic Italian Style
BERRI
Whole Peeled Tomato
EDGEL
Peeled Tomatoes
Tomato Puree
Tomato Pieces
Whole Tomatoes
FARMLAND
Tomato Paste
GOULBURN VALLEY
Peeled Tomatoes
HEINZ
Tomato Paste
Whole Peeled Tomatoes
IXL
No Waste Tomato Paste Sachets
Tomato Paste
LEGGO'S
Diced Tomatoes with Onions & Herbs
Tomato Paste
Tomato Paste with Onions & Herbs
Tomato Puree
LETONA
Tomato Paste
Tomato Puree
Tomatoes
MACQUARIE FOODS
Sun Ripened Dried Tomatoes
SPC
Peeled Tomatoes

Tomato & Onion Capellery
Tomato Puree
TOOTHPASTES
See Mouthwashes
AIM
Original
Fresh Mint
Minty Gel
Gum Health
CLOSE UP
Red
Green
Icy Mint
COLGATE
All Varieties
HERBON
Herbal Toothpaste
IPANA
Mint Toothpaste
Regular Floored Toothpaste
MACLEANS
Bubble Mirit for Kids
Gel-Stripe Toothpaste
Triple Stripe Toothpaste
<u>TOPPINGS</u>
COTTEES
All toppings except Ice Magic
DICKSON'S
All flavours
FARMLAND
Caramel
Chocolate
Strawberry
MAYNOR
Caramel
Chocolate
Strawberry
WEIGHT WATCHERS
All flavours
<u>TURKISH DELIGHT</u>
REAL TURKISH DELIGHT

Turkish delight
<u>VEGEMITE</u>
KRAFT
<u>VEGETABLE OILS</u>
ALL BRANDS:
Blended Vegetable oil
Canola
Light Canola
Maize
Olive
Peanut
Safflower
Soybean
Sunflower
<u>VEGETABLE SHORTENING</u>
Vegetable shortenings may contain animal fat
<u>VEGETABLES - DRIED</u>
All Brands
<u>VEGETABLES - FRESH</u>
All Varieties
<u>VEGETABLES - FROZEN</u>
Avoid frozen prepared potato products containing tallow.
BIRDS EYE
All products except rice originals
CHEFF'S PRIDE
Asparagus Spears IQF
Whole Baby Corn
COPPER KETTLE
All products Halal except: Cauliflower with White Sauce
Peas with White Sauce
Stir Fry Vegetables
EDGELL
All products
FABULOUS
All products
GREEN VALLEY

Apples
Apricots
Grapefruit
Figs
Kiwifruit
Lemon
Nectarines
Orange
Orange Peel
Peaches
Pineapple
Quinces
TOM PIPER
Dried Bakers Peel
Glace Cherries
Glace Cherries Multicoloured
Mixed Peel
WINN
Cooking Ginger
Crystallised Ginger
Glace Cherries
Glace Ginger
Golden Ginger
Mixed Peel
<u>FRUIT JUICE CONCENTRATES</u>
All brands
<u>FRUIT JUICE DRINKS</u>
All brands
<u>FRUIT JUICE</u>
All brands of:
Pure Fruit Juices
100% Fruit Juices
Fresh Squeezed Juices
Fruit Juice Drinks
<u>FRUIT - TINNED</u>
ARDMONA
All Fruits
COTTEES
Fruit Snacks
Apple
Apple Peach

Apple Pineapple
Fruit Salad
Pear
GOLDEN CIRCLE
All Fruits
Apple And Cinamon Puree
Apple Puree
Pear Puree
Fruit Puree
LETONA
All Fruits
MOUNTAIN MAID
All Fruits
ORCHARD
Mango Pulp
Passionfruit Pulp
SPC
All Fruits
WEIGHT WATCHERS
All Fruits
<u>GARLIC BREAD</u>
AGB INTERNATIONAL
Australian Garlic Bread
<u>GELATINE</u>
See BABY GEL & JELLY
LEINER DAVIS HALAL GELATINE
Only from Christchurch, New Zealand with the Halal logo of NZIMM on the pack.
Products listed here and containing Gelatine are approved. Other products containing gelatine even if marked "Halal" are not approved. Use Agar, Vegetable, gums or Isinglass.
<u>GELLS</u>
JELLY-X-PRESS
Lime
Magic Berry

Strawberry
<u>GRAVIES</u>
MASSEL
Gravies
<u>HERBS & SPICES</u>
BUSH TUCKER
Aniseed Myrtle
Lemon Myrtle
Mountain Pepperleaf
Native Mint
Native Pepperberries
Native Peppermint
Native Thyme
Warrigal Green
<u>CURRY MASTERS</u>
Butter Chicken
Chicken Calcutta
Chicken Chilli
Chicken Korma
Chicken Vindaloo
Fish Goa
Lamb Madras
Mixed Vegetable Curry
Punjabi Sabzi
Seafood Curry
Tandoori Masala
<u>GOURMET SPICES</u>
Allspice Pimento Whole
Allspice Pimento Ground
Anise Whole
Anise Ground
Anised Star
Basil Sweet
Bay Leaves
Bouquet Garni
Caraway Seeds
Cardamom Pods
Cardamom Powder
Cardamom Seeds
Cayenne Pepper
Celery Salt
Celery Seeds
Chilli Crushed

Squeeze On BBQ Sauce
Squeeze On Seafood Dressing
Squeeze on Tomato Sauce
Squeeze on Tomato & Chilli Sauce
Squeeze on Tomato & Mustard Sauce
Tartare Sauce
Worcestershire Sauce
TIAMO
Bolognese
Garlic Bolognese
Italian Herbs Bolognese
DOLMIO
Capsicum & Chilli
Capsicum & Garlic
Chunky Garden Vegetables
Eggplant, Capsicum & Shallot
Extra Garlic
Farmhouse Veg
Olives & Mushroom
Onion & Mushroom
Pesto with Sundried Tomatoes
Roast Capsicum Pesto
Spicy Peppers
Tomato Onion & Garlic
Traditional Mushroom
Traditional Tomato
MCWLIENNY & CO
Tabasco Sauce
NEWMANS
Worcestershire Sauce
OCEAN SPRAY
Cranberry Sauce
ROSELLA
Tomato Sauce
Tomato Sauce Low Joule
Tomato Sauce No Added

Salt
SANITARIUM
Gravy Quik
SPC
Chunk Style Apple Sauce
Home Style Apricot Sauce
Traditional Apple Sauce
WEIGHT WATCHERS
Tomato Sauce
<u>SAMOSAS</u>
CRAFTY CHEF
Chicken Madras
Lentil & Veg
Meat
Vegetables
<u>SAUSAGES</u>
See BUTCHERS
<u>SAVOURIES</u>
PATREENS
Appetisers
Pastries
Savouries
<u>SEASONING</u>
ASIAN FOODS
AUSTRALIA
Singapore Noodle Seasoning
KEEN
Curry
Madras Curry
MCCORMICK
Curry Mince Seasoning
Hamburger Mince Seasoning
Savoury Mince Seasoning
<u>SMALLGOODS</u>
See BUTCHERS.
FAISEL SMALLGOODS (Melbourne)
All variety
SPIESS AUSTRALIA
Air-dried Beef
SYDNEY SMALL GOODS

All Products
<u>SOAPS</u>
See Cosmetics
OAKLAND GREENE
Almond Soap
Aloe Vera Soap
Apricot Soap
Avocado Soap
Coconut Milk Soap
Evening Primrose Soap
Jojoba Soap
Oat Meal Soap
Priya Natural Sandalwood Soap
REXONA
Dove
<u>SOY MILK</u>
See MILK SUBSTITUTES
<u>SOUPS - CUP NOODLES</u>
MAGGI CUP NOODLES
Beef
Chicken
Chicken & Corn
Curry
Oriental
Vegetable
<u>SOUPS - TINNED</u>
HEINZ
Tomato Condensed Soup
Tomato Condensed Soup Reduced Salt
Vegetable Condensed Soup
<u>SPICES</u>
See Herbs & Spices
<u>SPREADS</u>
See PEANUT BUTTER, HONEY & VEGEMITE.
FERRERRO
Nutella
MONBULK
Lemon Spread

All Products
WOOLWORTHS
All Products
<u>VEGETABLES - PROCESSED</u>
DEWCRISP
Chopped Onions
Vegetable Mix
Vegetable Mix with Noodles
<u>VEGETABLES - TINNED</u>
See Tomato Products
EDGEELL
Asparagus Cuts
Asparagus Spears
Baked Beans in Tomato Sauce
Beetroot Baby
Beetroot Crinkle Cut
Beetroot Homestyle
Beetroot Sliced
Butter Beans
Capsicum
Carrots Baby
Carrots sliced
Carrots Julienne
Carrots No Added Salt
Carrots Whole
Corn Creamed
Corn Kernel
Corn Whole
Four Bean Mix
Green Beans Cross Cuts
Green Beans Sliced
Green Peas
Green Peas No Added Salt
Mixed Vegetables
Mushrooms Sliced in Brine
Peas & Carrots
Potatoes Whole
Red Cabbage
Red Kidney Beans

Sauerkraut
Seasoned Green Beans
Tiny Taters
FARMLAND (Including no added salt)
Asparagus
Baby Carrots
Baked Beans in Tomato sauce
Creamed Corn
Green Beans
Green Peas
Peeled Tomatoes
Sliced Beetroot
Sliced Mushrooms in Butter Sauce
Sweet Corn Creamed
Sweet Corn Whole Kernel
GOLDEN CIRCLE
Baby Carrots
Beans
Beetroot
Corn Creamed
Corn Whole Kernel
Peas
Sliced Beetroot
STERFOODS
Corn Kernels
Red Kidney Beans
Soy Beans
Three Beans Mix
MOUNTAIN MAID
Asparagus
Asparagus Cuts
Asparagus Spears
Asparagus Tips
Baked Beans
Corn Niblets
Potatoes
Ratatouille
WINDSOR FARM
Sliced Mushroom in Butter Sauce

<u>VEGETARIAN BURGER</u>
UNCLE HARRY'S NATURAL FOODS
Uncle Harry's Natraberger
<u>VINEGAR</u>
All Brands
<u>VITAMITE</u>
SANITARIUM
<u>WASHING DETERGENTS</u>
ALL BRANDS
<u>YEAST-DRIED</u>
TANDACO
<u>YEAST - FRESH</u>
All Brands
<u>YOGURTS PLAIN</u>
See BABY YOGHURT DESSERTS
All Brands of Plain, Natural and Acidophilus
BAS FOODS (AUST)
Natural Yoghurt
BURRA
Thick Yoghurt
IDEAL DAIRY
Natural Yoghurt
NATIONAL FOODS
Greek Lite
Greek Yogurt
NAT SET
White Yogo
Yo Plus Light
Yo Plus Regular
<u>YOGURTS - FLAVOURED</u>
Flavoured yoghurts containing gelatine are not approved even if marked Halal unless the yoghurt carries Halal Certification.
ATTIKI
All Yoghurt Products
JALNA

Leben
Sour Cream
MURRAY GOULBURN
Sour Light Cream
PETERS
Sour Cream
UNITED DAIRIES
Light Sour Cream
Sour Cream
CRISPBREADS
CASTILLE FOODS
Krispbread Toasted Sesame
Krispbread Herb & Garlic
" Cracked Pepper & Poppy Seed
RYVITA
Crispbread Dark Rye
Crispbread High-Flier
Crispbread No Added Salt
Crispbread Original Whole Rye
Crispbread Sesame
Crispbread Whole Rye. No Added Salt
CRISPS - POTATO
SAMBOY
Barbeque Chips
Salt & Vinegar Chips
Tomato Sauce Chips
SMITH'S
Barbeque Flavoured
Chilli Country Kettle Chips
Classic Old Style Slow Cooked
Country Kettle Chips
Extra Lites Lightly Salted
Thin Sliced Chips
French Fries Crunchy Straws
Less Oil Lightly Salted Crinkle Cut
Lites Lightly Salted Thin

Sliced
Lites Salted & Vinegar Flavoured
Original Crinkle Cut
Traditional Salt & Vinegar
THE REAL McCOY
Cheese & Chives Chips
Cheesters
Salt & Vinegar Chips
Salted Chips
Smokey BBQ Chips
CUSTARD POWDER
See BABY CUSTARDS
BINGO
Custard Powder
FOSTER CLARKS
Custard Powder
KING
Custard Powder
SAVINGS
Custard Powder
UNCLE TOBY'S
Custard Powder
CUSTARD PREPARED
See BABY CUSTARDS
DAIRY FARMERS
Dairy Custard Vanilla
Longlife UHT Vanilla
HABERFIELDS
Dairy Custard
MURRAY GOULBURN
Longlife Custard
Longlife Dairy Custard
DETERGENTS - DISHWASHING
HAND:
Add Concentrate
Caring Dishwashing Liquid
Down To Earth Dishwashing Liquid
Fab Liquid
Kit Liquid
Kwit

Lux Liquid
Palmolive Gold
Palmolive Liquid
Palmolive Lemon & Lime
Puren Dishwashing Liquid
Scotts Bio Detergent
Scotts Concentrate
Sunliquid
Swerl
Trix
U-Mix Concentrate
MACHINE:
Care +8
Castle Powder
Castle Rines
Dishlex Rinse
Finish Lemon Powder
Finish Liquid
Finish Liquid Lemon
Finish Powder
Finish Rinse
Harbon Automatic Dish Washing Powder
Puren Automatic Dishwashing Powder
Puren Rinse Aid
DETERGENT - LAUNDRY
ALL BRANDS
DIPS
MASTERFOODS
Bean
COPPERPOT PATE
Avocado
Cheese & Chives
Chives & Garlic
Corn Relish
French Onion
Guacamole
Hommus
Lite & Spicy Homous
Prawn & Crab
Roasted Capsicum

SANATARIUM
Honey
Marmite
Peanut Butter
Vitamite
<u>STOCK</u>
PODRAVKA
INTERNATIONAL
Chicken Stock Powder
Gourmet Stock Powder
Seafood Stock Powder
<u>SUGAR</u>
All types of sugars including white and icing are Halal. Plastic icing and prepared icings are not approved
See ICING and SUGAR SYRUPS
<u>SUGAR SUBSTITUTES</u>
ABBOT
Sucaryl Liquid
Sucaryl Sachets
Sucaryl Tablets
BOOTS
Dimins Tablets
Sugarine Liquid
FAULDING
Liquid Saccharin
Liquid Sugarella
<u>SUGAR SYRUPS</u>
CSR
Golden Syrup
Molasses
Treacle
LOG CABIN
Maple Flavoured Syrup
MASTERFOODS
Maple Flavoured Syrup
<u>SUPERMARKETS</u>
Green price tags denote Halal products at the following supermarkets:

FRANKLINS
Auburn, NSW
Bankstown, NSW
Broadmeadows VIC
Lakemba, NSW
Marrickville, NSW
Roselands, NSW
FOOD RITE
159 Blair St, Broadmeadows 3047
<u>SWEETS</u>
Sweets containing gelatine are not approved.
ALLEN'S
Butter Menthol
BARRAT'S
Barley Sugar
GILSEAL
Barley Sugar
MASTERCRAFT
Barley Sugar
MASTERFOOD
100's & 1000's
PASCALL
Barley Sugar
Country Mint
Fruit Bonbons
Fruit Drops
Jelly Beans
REAL TURKISH DELIGHT
Boiled Sweets
ROWNTREE - HOADELY
Throaties Stick Pack
SCANLEN
Barley Sugar
SUN
Almond & Honey Bar
Cashew Bar
Hazelnut Bar
Macadamia Bar
Peanut Bar
Sunflower & Nut Bar
TIC TAC

All flavours
<u>TAKE AWAY</u>
McDONALD'S LIDCOMBE
McDONALD'S PUNCHBOWL
Beef Salsa
Big mac
Cheese Burger
Chicken McNuggets
Cookies
Fillet of Fish
French Fries
Junior Burger
McChicken
McFlurry
McOz
Quarterpounder with Cheese
Sauces (all flavours)
Sundaes
Thickshakes
RED ROOSTER CULLORA
RED ROOSTER LAKEMBA
BBQ Chicken
Chicken Roll
Garlic bread
Cole Slaw
French Salad
Pasta Salad
Potato Salad
Peas
<u>TEAS</u>
All Brands of:
Bags
Instant
Leaves
<u>TEAS - HERBAL</u>
All Flavours from:
Celestial Seasoning
Lipton
Milford

Parisienne
Passionfruit
Peppermint
Pineapple
Pure Vanilla
Raspberry
Strawberry
MC LINTOCK
Almond
Coconut
Peppermint
Vanilla Essence.Imitation
<u>FISH - FRESH</u>
All fresh water and sea creatures
<u>FISH - FROZEN</u>
All plain fillets and whole fish are acceptable, breaded, battered and fish with sauce are not always acceptable.
EDGEELL-BIRDSEYE
Bubble'N' Squeak
Crumbed Natural Shaped Fish Fillets
Crunchy Potato Fish Fillets
Deep Sea Dory Crumbed Fish Fillets
Fish & Lemon Burger
Fish Burger
Fish Cakes
Fish Fingers
Halal Fish Fingers
Herb & Garlic Fish Fillets
Junior Crumbed Fish Fillets
Lemon Crumbed Fish Fillets
Lightly Battered Fish Fillets
Original Crumbed Fish Fillets

Original Crumbed Fish Fillets Value Pack
Tangy Salt & Vinegar Fish Fillets
FARMLAND
Fish Fingers
HOMEBRAND
Battered Fish Portions
Crumbed Fish Portions
SEALORD
Calamari in a Crisp Golden Crumb
Deep Sea Dory Fillets in a Lemon Pepper Crumb
Deep Sea Dory Fillets in a Light Crispy Crumb
Deep Sea Dory Fillets in a Tasty Cheddar Crumb
Hoki Fillets in Tempura Butter
Hoki Fillets in Tasty Bread Crumb
<u>FISH - SMOKED</u>
TASSAL
All Products
WINDSOR SMOKE HOUSE
All Products
<u>FISH - TINNED</u>
All brands in brine or vegetable oils are acceptable.
<u>FLOUR</u>
ALL BRANDS OF:
Arrowroot
Buckwheat
Carob
Cornflour
Gluten
Gluten Free
Maise
Pea
Plain

Potato
Rice
Self-Raising
Soy
Wholemeal
MASSEL
Bouillon Cubes
Bouillon Powders
VEGETA
Gourmet Stock Powder
Seafood Stock Powder
Chicken Stock Powder
<u>FOCCACIAS</u>
FIVE STAR BAKERY (SA)
112Flinders St, Adelaide
43 Adelaide Central Market
Vegetarian Foccacias
<u>FRUIT - FRESH</u>
All varieties.
<u>FRUIT - DRIED</u>
All varieties from:
ANCHOR
ANGUS
ARNOTTS
ETA
DESSERT MAID (except Brandy Prune)
FARMLAND
MACQUARIE FOODS
NATYURA
SANATARIUM
SUNBEAM
SUNNY BOY
<u>FRUIT - FROZEN</u>
All varieties
<u>FRUIT - GLACE</u>
BIG SISTER
Glace Multi Cherries
Glace Red Cherries
ROBERN
SUNNYBOY
TOORAVALE

Sundae Wafers
Super Cones
Super Top Ice Cream Cones
Super Wafer Cups
The Natural Cocoa Cone
The Natural Ice Cream Cup Cone
The Natural ice Cream Cone
The Natural Square Cup Cone
The Natural Waffle Cone
<u>ICE CREAMS</u>
BI LO
Water Ice
BLACK & GOLD
All flavours in VIC & NSW
DAIRY BELL
Apricot Ribbon
Blackberry
Cappuccino
Chocolate
Chocolate Ribbon
Citrapolitan
Citrus
Natural 94% Fat Free
Natural Vanilla
Neapolitan
Strawberry
Strawberry, Pineapple & Chocolate
Vanilla
FARMLAND
Icy Pole
Kool Tubes
GOLDEN CREST
Orange Juicys
GOLDEN NORTH
Giant Twins (contains approved and certified Halal gelatine)
NATIONAL FOODS

See GOLDEN NORTH
NO FRILLS
All Flavours in Victoria
NO NAME
All Flavours in Victoria
NORGEN VAAZ
Banana-Chocolate Ripple
Double Swiss Chocolate
Hazelnut Nougat
New York Choc Chip
Peach-Mango
Strawberry Serenade
Victina Coffee
PAYLESS
Water Ice
PETERS BROWNES
Connoisseurs
All varieties
PETERS
Crazy Critters Blue Lemonade
Crazy Critters Crazy Orange
Crazy Critters Raspberry
Crazy Critters Screaming Soda
Icy Poles Creaming Soda
Icy Poles Lemonade
Icy Poles Lime Spider
Icy Poles Orange
Icy Poles Pineapple
Icy Poles Pineapple-Orange
Icy Poles Raspberry
SAVINGS
Water Ice
SHOPRITE
Water ice
STREETS
Calipo
Magnum
Solaro
Vienta

SERENDIPITY ICE CREAM
Chocolate
Date
Espresso
Fig
Honey Almond
Pistachio Kulfi
Rose
Sesame
SUNBURST REGENCY
Sunny Boys Orange
Sunny Boys Passionfruit
Sunny Boys Cola
Sunny Boys Lime
Sunny Boys Razz
Sunny Roller
Fruit Tube Orange
Fruit Tube Orange-Mango
Ice Drops Bubble Gum
Ice Drops
Ice Drops Lime
Ice Drops Multipack
Ice Drops Raspberry
Zooper Dooper Blackcurrant
Zooper Looper Cola
Zooper Dooper Lemon
Zooper Dooper Lime
Zooper Dooper Multipack
Zooper Dooper Orange
Zooper Dooper Raspberry
SWAN
All flavours
VITARI
Banana
Strawberry
Wildberry
WEIS FROZEN FOODS
BARS
Double Cream mango
Fruito
Mango

Instant Non Fat Skim Milk
MURRAY GOULBURN
Skim Milk Powder
PETERS
Powdered Milk
PETERS FARM
Dutch Jug
Dutch Jug Plus 7
SUNSHINE
Instant Full Cream Milk Powder
UNIGATE
Diploma Instant Milk Powder
<u>MILK - SKIMMED</u>
See Milk Fresh
ALL BRANDS
<u>MILK- SUBSTITUTES</u>
BERRI
Soypreme Natural
Soyprerne Vanilla
FARMLAND
Soy Drink
SANITARIUM
So Good Honeycomb
So Good Caramel
So Good Jaffa
So Good Strawberry
So Good Unflavoured
So Good Lite
SUNGOLD
Soy Drink
<u>MINERAL WATERS</u>
ALL BRANDS
<u>MINERAL WATERS - FLAVOURED</u>
ALL BRANDS
<u>MOUTHWASHES</u>
See toothpaste
STERADENT
Powder
Tablets
<u>MUFFINS</u>

MUFFIN BREAK VALLEY CENTRE
<u>MUESLI SLICES</u>
FUTURE BAKE
Muesli & Cherries Carob Slice
Muesli Slice
Oven Baked Muesli With Apricot
Yoghurt Coated Muesli & Apricot
Yoghurt Coated Strawberry Muesli
Yoghurt Topped Tropical Muesli
So Slim Apricot & Muesli Slice
So Slim Banana Slice
So Slim Fruit Cocktail Slice
So Slim Sticky Date Slice
Choc Coated Nuts & Almon Bites
Yog Coated Almond & Apri Bites
Yog Coated Maca & Apri Bites
WHOLESOME BAKE
All Varieties
<u>MUSTARDS - POWDER</u>
All brands
<u>MUSTARDS - PREPARED</u>
BUSH TUCKER
Bush Tomato Chutney
Munthari & Lemon Myrtle Chutney
EPICURE
French
KEENS
French
MASTERFOODS
American

French
German
Hot English
Mild English
Tomato
Wholegrain
<u>NOODLES</u>
All brands without flavours
<u>NUTS - FRESH</u>
All types
<u>NUTS - PACKED</u>
ASIAN FOODS
AUSTRALIA
Spicy Macadamia
BUSH TUCKER
Bunya Bunya Nuts
Macadamia Nuts
INTERNATIONAL
MACADAMIA
Macadamia Kernel
Dry Roasted Macadamia Salted
Dry Roasted Macadamia Unsalted
NOBY'S
Salted Beer Nuts
Salted Cashews
Salted Mixed Nuts
Salted Peanuts
Dry Roasted Peanuts
Savoury Roasted Peanuts
PEANUT COMPANY OF AUSTRALIA
Peanut Meal
Roasted Peanuts
SANTOS
Natural Nuts All Varieties
SELECT HARVEST
Roasted Blanched Slivered Almonds
THE NUT STAND
Dry Salted Nuts all Varieties

FAWNS & MCALLAN
Parulgin
FISONS
Paraspen Suspension
<u>MILK - CONDENSED</u>
CARNATION
Sweetened Condensed Milk
Sweetened Condensed Skim Milk
NESTLE
Sweetened Condensed Skim Milk
Sweetened Condensed Milk
<u>MILK - EVAPORATED</u>
BEAR BRAND
Evaporated Milk
Reduced Fat Evaporated Milk
CARNATION
Evaporated Milk
Slender Reduced Fat Milk
IDEAL
Evaporated Milk
<u>MILK FLAVOURED</u>
DAIRY FARMERS
Good One Carob
Good One Milk & Honey
Moove All Flavours
Moove Long life UHT' Chocolate
Moove Long life UHT
Coffee Moove Long life UHT
Strawberry
Moove Long lite UHF Vanilla Malt
HABERFILEDS DAIRY
All Varieties
NESTLE
Milo Ready To Drink
Quick Ready To Drink

Chocolate
Quick Ready To Drink Coco & Banana
Quick Ready To Drink Strawberry
Quick Ready To Drink Vienna Coffee
MARS
Mars Milk Snack
Milky Way Chocolate Whip Shake
MILKY WAY
Shake
OVALTINE
Ready To Go
PAULS
Breaka
All Flavours
SHAYKS
Chocolate
Strawberry
<u>MILK-FRESH</u>
All unflavoured, plain, skimmed and long life milk in bottles, cartons or plastic containers.
DAIRY FARMERS
Hi-Lo
Shape
Skim Milk
UHT Slum Milk
HABERFIELDS
All Varieties
LITE WHITE
Milk
PETERS
Skim Milk
PHYSICAL
Milk
Skim Milk
SHAPE
Milk
SKINNY

Skim Milk
<u>MILK POWDERS</u>
BEGA
Skim Milk Powder
DEVONDALE
Instant Non Fat Milk Powder
FARMLAND
Full Cream Instant Milk Powder
Instant Non Fat Skim Milk
MURRAY GOULBURN
Skim Milk Powder
PETERS
Powdered Milk
PETERS FARM
Dutch Jug
Dutch Jug Plus 7
SUNSHINE
Instant Full Cream Milk Powder
UNIGATE
Diploma Instant Milk Powder
<u>MILK - SKIMMED</u>
See Milk Fresh
ALL BRANDS
<u>MILK- SUBSTITUTES</u>
BERRI
Soypreme Natural
Soyprerne Vanilla
FARMLAND
Soy Drink
SANITARIUM
So Good Honeycomb
So Good Caramel
So Good Jaffa
So Good Strawberry
So Good Unflavoured
So Good Lite
SUNGOLD
Soy Drink
<u>MINERAL WATERS</u>

ALL BRANDS
<u>MINERAL WATERS - FLAVOURED</u>
ALL BRANDS
<u>MOUTHWASHES</u>
See toothpaste
STERADENT
Powder
Tablets
<u>MUFFINS</u>
MUFFIN BREAK VALLEY CENTRE
<u>MUESLI SLICES</u>
FUTURE BAKE
Muesli & Cherries Carob Slice
Muesli Slice
Oven Baked Muesli With Apricot
Yoghurt Coated Muesli & Apricot
Yoghurt Coated Strawberry Muesli
Yoghurt Topped Tropical Muesli
So Slim Apricot & Muesli Slice
So Slim Banana Slice
So Slim Fruit Cocktail Slice
So Slim Sticky Date Slice
Choc Coated Nuts & Almon Bites
Yog Coated Almond & Apri Bites
Yog Coated Maca & Apri Bites
WHOLESOME BAKE
All Varieties
<u>MUSTARDS - POWDER</u>
All brands
<u>MUSTARDS - PREPARED</u>

BUSH TUCKER
Bush Tomato Chutney
Munthari & Lemon Myrtle Chutney
EPICURE
French
KEENS
French
MASTERFOODS
American
French
German
Hot English
Mild English
Tomato
Wholegrain
<u>NOODLES</u>
All brands without flavours
<u>NUTS - FRESH</u>
All types
<u>NUTS - PACKED</u>
ASIAN FOODS
AUSTRALIA
Spicy Macadamia
BUSH TUCKER
Bunya Bunya Nuts
Macadamia Nuts
INTERNATIONAL
MACADAMIA
Macadamia Kernel
Dry Roasted Macadamia Salted
Dry Roasted Macadamia Unsalted
NOBY'S
Salted Beer Nuts
Salted Cashews
Salted Mixed Nuts
Salted Peanuts
Dry Roasted Peanuts
Savoury Roasted Peanuts
PEANUT COMPANY OF AUSTRALIA

Peanut Meal
Roasted Peanuts
SANTOS
Natural Nuts All Varieties
SELECT HARVEST
Roasted Blanched Slivered Almonds
THE NUT STAND
Dry Salted Nuts all Varieties
Dry Roasted Nuts all Varieties
STAHMANN FARMS
Abalone Pecans
Chicken Curry Pecans
Chilli Pecans
Cuttlefish Pecans
Dry Roasted Nuts all Varieties
Honey Roasted Nuts all Varieties
Maple Flavoured Pecans
Natural Edible Pecan Kernel
Oriental Spice
Pecan/Karubi Pecan
Pecan Nut in a Shell
Sugar & Cinnamon Pecans
Sugar Coated Pecans
<u>PASTAS</u>
BUSH TUCKER
Lemon Myrtle Fettuccine
Rainforest Herb Fettuccine
DA LORENZO PASTA AUSTRALIA
Spinach & Ricotta Cannelloni
Spinach Lazagna
LA TOSCA
Capellira
Fenuccine

Dry Roasted Nuts all Varieties
STAHMANN FARMS
Abalone Pecans
Chicken Curry Pecans
Chilli Pecans
Cuttlefish Pecans
Dry Roasted Nuts all Varieties
Honey Roasted Nuts all Varieties
Maple Flavoured Pecans
Natural Edible Pecan Kernel
Oriental Spice Pecan/Karubi Pecan
Pecan Nut in a Shell
Sugar & Cinnamon Pecans
Sugar Coated Pecans
<u>PASTAS</u>
BUSH TUCKER
Lemon Myrtle Fettuccine
Rainforest Herb Fettuccine
DA LORENZO PASTA AUSTRALIA
Spinach & Ricotta Cannelloni
Spinach Lazagna
LA TOSCA
Capellira
Fenuccine
Lasagne
Lasagne Sheet
Lasagna Instant
Lasagna Special
Quadranti
Tagliatelle
Tagliatelle Rosse
Tagliatelle Verde
PASTA KITCHEN
Dried Pasta

Fresh Pasta
Vegetarian Pasta
Meat Pasta
Chicken Pasta
SAN REMO
Alphabets
Cannelloni Instant
Thousand Island
Yoghurt & Dill
PRAISE
Lifestyle Coleslaw
Lifestyle Mayonnaise
Light Coleslaw
Light Mayonnaise
Traditional Mayonnaise
<u>SALADS - PREPARED</u>
HEINZ
Coleslaw Salad
Potato Salad
Potato Salad Chunky
Potato Salad Country Style
Traditional Vegetable Salad
MASTERFOOD
Bean N Corn Salad
Mixed Bean Salad
Mixed Bean Salad in Oil & Vinegar
Mixed Veg Salad in French dressing
Rice Salad
Tropical Salad
Vegetable & Pasta Salad
Zucchini Salad
<u>SALSAS</u>
MASTERFOODS
Original Salsa
Spicy Original Salsa
<u>SALT SUBSTITUTES</u>
CEREBOS
Light Salt
DIET RITE FOODS

Lite Salt
<u>SALT - COOKINGS</u>
All brands
<u>SALT - ROCK</u>
All brands
<u>SALT - TABLE</u>
All Brands
<u>SAUCES</u>
4 SEASONS
Horseradish Sauce
ETA
Barbecue Sauce
FARMLAND
Tomato Sauce
Tomato Sauce No Added Salt
HEINZ
Tomato Sauce
Tomato Ketchup
IXL
Tomato Sauce
KIKKOMAN
Soy Sauce
KRAFT
Tartare Sauce
LETONA
Apple Sauce
MANDARIN FOOD CO
Black Bean Paste
Hoi Sin Sauce
Mushroom Sauce
Say Bean Paste
Soy Sauce
MASSEL
Sauces
MASTERFOODS
Barbeque Sauce
B.B.Q. Rib Sauce
Chilli Sauce
Mint Jelly
Satay Sauce
Seafood Cocktail Sauce
Spicy Tomato ketchup

Chilli Powder
Chilli Whole
Chives Chopped
Cinnamon Ground
Cinnamon Whole
Coriander Powder
Coriander Seeds
Curry Powder Madras
Dill Seeds
Fennel Seeds
Fennel Powder
Fenugreek Seeds
Fenugreek Powder
Five Spice Powder
Garam Masala
Garlic Flakes
Garlic Mince
Garlic Powder
Orach Salt
Ginger Powder
Juniper Berries
Mace Ground
Marjoram
Mint
Mixed Herbs
Mixed Spice
Monosodium Glutamate (M.S.G.)
Mustard Powder
Nutmeg Ground
Nutmeg Whole
Onion Flakes
Onion Powder
Onion Salt
Oregano Paprika hot
Paprika Sweet
Parsley Flakes
Pepper Black Corns
Pepper Black Cracked
Pepper Black Powder
Pepper White Corns
Pepper White Powder
Pepper Corns Green

Pickling Spice
Poppy Seeds
Rosemary
Saffron Powder
Saffron Strands
Sage
Seasoned Salt
Sesame Seed
Tarragon
Thyme
Turmeric Powder
Vanilla Sugar
JENSONS CHOICE
Minced Garlic
Crushed Garlic
Crushed Chilli
MASTER FOODS
All Purpose Seasoning
Allspice Ground
Basil Leaves Sweet
Bay leaves
Bouquet Garni (Sachet)
Caraway Seeds
Cayenne Pepper Ground
Celery Salt
Chilli Flakes
Chilli Freshly Chopped]
Chillies Ground
Chinese Five Spice
Chives Chopped (Dried)
Cardamom Ground
Cinnamon Quills
Cinnamon Sugar
Cloves
Coriander Leaves
Cuisine Essentials Indian
Cuisine Essentials Mexican
Cumin Seed Ground
Curry Powder
Dill Green Tips
Dill Leaf Tips
French Gourmet Herbs

Fresh Chopped Chilli
Garlic Salt Seasoning
Herb Pepper Seasoning
Italian Herbs
Lemon Pepper Seasoning
Paprika Ground
Parsley Leaves
Pepper Ground Bulk
Pepper Ground White
Pepper Seasoning
Sesame Seeds
Spaghetti Bolognese Blend
Tandoori Seasoning
Turmeric Ground
<u>HONEY</u>
All Brands
<u>ICE BLOCKS</u>
See Ice Cream
<u>ICE CREAM-CONES</u>
BETTA
Bena Cone Cup
Carnival Cups
Cornet Cones
Cup Cones (Original Natural)
Fan Wafers
Honey Cones
Kiddy Cups
Mini Cones Tiny Treats
Single Ice Cream Cones
Space Cones
Square Cups
MERLIN'S
Cup Cones
Single Cones
Square Cup Cones
PETERS
Double Cones
Giant Cones
Single Cones
THE SUPERCONE COMPANY

Lasagne
Lasagne Sheet
Lasagna Instant
Lasagna Special
Quadranti
Tagliatelle
Tagliatelle Rosse
Tagliatelle Verde
PASTA KITCHEN
Dried Pasta
Fresh Pasta
Vegetarian Pasta
Meat Pasta
Chicken Pasta
SAN REMO
Alphabets
Cannelloni Instant
MASALA
Chicken Tikka
Dahl
MAYONNAISE
See SALAD DRESSINGS
MEAT-FRESH
See BUTCHERS.
MEDICINES
BOOTS
Glucodin Powder
Strepsils Antiseptic Throat Spray
Strepsils Plain
Strepsils with Honey & Lemon
Strepsils with Vitamin C
FAWNS & MCALLAN
Parulgin
FISONS
Paraspen Suspension
MILK - CONDENSED
CARNATION
Sweetened Condensed Milk
Sweetened Condensed Skim Milk

NESTLE
Sweetened Condensed Skim Milk
Sweetened Condensed Milk
MILK - EVAPORATED
BEAR BRAND
Evaporated Milk
Reduced Fat Evaporated Milk
CARNATION
Evaporated Milk
Slender Reduced Fat Milk
IDEAL
Evaporated Milk
MILK FLAVOURED
DAIRY FARMERS
Good One Carob
Good One Milk & Honey
Moove All Flavours
Moove Long life UHT' Chocolate
Moove Long life UHT
Coffee Moove Long life UHT
Strawberry
Moove Long lite UHF
Vanilla Malt
HABERFIELD'S DAIRY
All Varieties
NESTLE
Milo Ready To Drink
Quick Ready To Drink Chocolate
Quick Ready To Drink Coco & Banana
Quick Ready To Drink Strawberry
Quick Ready To Drink Vienna Coffee
MARS
Mars Milk Snack
Milky Way Chocolate Whip

Shake
MILKY WAY
Shake
OVALTINE
Ready To Go
PAULS
Breaka
All Flavours
SHAYKS
Chocolate
Strawberry
MILK-FRESH
All unflavoured, plain, skimmed and long life milk in bottles, cartons or plastic containers.
DAIRY FARMERS
Hi-Lo
Shape
Skim Milk
UHT Slum Milk
HABERFIELD'S
All Varieties
LITE WHITE
Milk
PETERS
Skim Milk
PHYSICAL
Milk
Skim Milk
SHAPE
Milk
SKINNY
Skim Milk
MILK POWDERS
BEGA
Skim Milk Powder
DEVONDALE
Instant Non Fat Milk Powder
FARMLAND
Full Cream Instant Milk Powder

Raspberries & Cream
Strawberries & Cream
Tropico
1LITRE TUBS
Lemon
Lychee
Mango
Passionfruit
Tropical Fruit
Wildberries
FRUTIA 1 LITRE
Boysenberry
Lychee
Mango
Passionfruit
WEIS 3'S
Fruito
Mango
Rockmelon
Tropico
WEIS 4'S
Summer Cream
WEIS FOR KIDS 6'S
Berries & Apples
Pineapple & Cream
WEIS MINI 6'S
Mango
WEIS MINI 8'S
Mango
Passion Splash
WHITE WINGS
Alpine Cool Stick
Fruity Freez Orange
Fruity Freez Orange-Mango
Fruity Free Tropical
Funny Faces
Kool Pops
<u>ICE CREAM - SOFTSERVE</u>
NORCO
All Flavours
<u>ICING</u>

Plastic and prepared icings are unacceptable.
AUSTRALIAN BAKELS
Fondant
SNOWDROP
Fondant
<u>JAMS</u>
See Conserves
<u>JELLY</u>
See BABY GEL and GELATINE. Use Agar, Vegetable Gum or Isinglass.
SPC
Jelly Fruit
<u>MARGARINE</u>
ALBA INDUSTRIES
All Varieties
BECEL
Becel
Becel Diet
Becel Lite
Becel Spread
ETA
Eta 5 Star
FARMLAND
Salt Milk Cholesterol Free
Polyunsaturated
FLORA
Cook'n Bake
Country Style
Flora
Flora Canola Spread
Flora Monosun Sunflower Spread
Flora Sunflower Oil
Flora Country Style Sunflower
Flora Salt Reduced Sunflower
Custilla
Monarch Cake Margarine
Perfex Margarine

Royal Danish Margarine
Solite Vegetable
Vegetable Gilt Edge Margarine
Calvay
Flex Shortening
Gateau Shortening
Olivio Salt Reduced Spread
Pride Margarine
Salvina Oil
Vantage Shortening
MEADOW LEA
Golden Pastures
NUTLEX
Polyunsaturated Table Margarine
SAVINGS
Polyunsaturated Table Margarine
SUNDEN
Polyunsaturated Salt Free Milk Free
<u>MARMALADES</u>
See Conserves
<u>MARMITE</u>
SANITARIUM
<u>MASALA</u>
Chicken Tikka
Dahl
<u>MAYONNAISE</u>
See SALAD DRESSINGS
<u>MEAT-FRESH</u>
See BUTCHERS.
<u>MEDICINES</u>
BOOTS
Glucodin Powder
Strepsils Antiseptic Throat Spray
Strepsils Plain
Strepsils with Honey & Lemon
Strepsils with Vitamin C